Annex 2

Island Hike and Run 2022 by Action Asia

Precautionary measures related to COVID-19 to be taken by the Organiser

The organiser must adopt and strictly adhere to the health and infection control measures as follows-

Vaccination and testing requirements

- 1. All participants (including runners and support staff) must be fully vaccinated for COVID-19 (i.e. finish the required number of dose(s) 14 days prior the event day) which is equivalent to the prevailing "Vaccine Pass" arrangement implemented by the Government. The organiser is required to check the Vaccine Passes of the participants with the latest version of the QR Code verification scanner and ensure that only "Blue Code" participants are allowed to enter the race venues on the day of event.
- 2. All participants are required to obtain a negative result of rapid antigen test (RAT) on the day of event before the start of the race.
- 3. All participants are required to complete health declaration forms provided by the organiser before the start of the race.
- 4. Runners are also required to take polymerase chain reaction (PCR) test within 48 hours prior to the start of the race. Only those runners who possess negative result proof of both PCR test and RAT are allowed to take part in the race.
- 5. Staff involved in the event operation are required to follow the prevailing "Vaccine Pass" arrangement implemented by the Government. For those staff members with proof from registered doctors certifying them of being medically unfit for vaccination can opt for obtaining negative PCR test results within 48 hours prior to the start of the race. They are required to show the test result and the proof of being medically unfit for vaccination on the day of event for checking as and when required.

Prior to the day of the event

6. Runners are required to present their Vaccine Passes for scanning upon collection of their race materials at the office of AAEHK within two days prior to the day of the event. Only those with "Blue Code" and with body temperature lower than 37°C are allowed to enter the office.

On the day of the event

7. All participants are required to present their Vaccine Passes and RAT results for scanning and checking respectively as well as undergo temperature checks before entering the race venue. Only those with "Blue Code", negative result of RAT and body temperature lower than 37°C are allowed to enter the race venue.

- 8. All participants will be advised to keep social distancing of not less than 1.5m with one another at the race venues. The flow and density of people entering, attending and departing the event will be monitored and regulated to avoid overcrowding.
- 9. All participants must wear masks at all times, except when they are consuming drinks and food where reasonably necessary and when runners are competing along the race route.
- 10. Runners will start in batches of a maximum 200 people. Each batch will leave the start area every 1 minute.
- 11. Runners can take off their masks about 100m after passing the starting line and must put on the masks in the finish area within 2 minutes after passing the finish line. They will be advised to leave the finish area as soon as possible to avoid gathering.
- 12. Runners, if needed, are allowed to bring along their own food for eating during the race. The organiser will also provide bananas at the checkpoints for self-collection by runners. Runners are not allowed to consume the food within the checkpoint areas. They are required to eat alone at the race route and avoid talking while eating. Staff members will be deployed to remind runners to observe the above requirement.
- 13. Water replenish station(s) will be available along the race route(s). Only designated staff members will operate the tap of the carboy water dispensers to refill water for the runners.
- 14. Luggage storage service will be provided at the start cum finish areas. Runners have to queue up and keep 1.5m apart from others for baggage deposit and collection. Only one person is allowed to deposit and collect the baggage at any one time.
- 15. Any staff members who will be in close contact with runners at places such as luggage check-in counter(s), water replenish station(s) and checkpoint(s) will be provided with extra gears (e.g. face shields/goggles, gloves, etc.).
- 16. Recommendations on safety and hygiene measures will be displayed at the start cum finish areas.
- 17. Hand sanitizers stations will be available at the water replenish station(s) as well as the start cum finish areas.
- 18. No bibs / race pack collection at the race venue will be arranged.
- 19. No mass briefing of runners at the race venue will be conducted.
- 20. Pacers, support runners, crew and spectators are not allowed along the race route(s) and at the checkpoint(s) as well as the start cum finish areas.
- 21. No prize presentation ceremony will be conducted on the day of event. Medals or certificates will be collected by the runners at a future time.
- 22. A doctor, medical advisors and first aiders will be engaged for the event.

23. The organiser will designate a senior staff member to act as Safety and Hygiene Officer on the day of event to oversee (e.g. spot checks) the operation of the event and ensure that the health and infection control measures are strictly adhered to.

Others

- 24. The contact information and attendance record of all participants will be kept for 31 days after the race. Such information will be made available to government departments for the purpose of contact tracing when necessary.
- 25. The health and infection control measures as set out above may be varied by the Government's written notification at any time, subject to the development of the local epidemic situation and social distancing measures.